

MEDICATIONS TO AVOID PRIOR TO ALLERGY SKIN TESTING

BRAND NAME (S)	GENERIC	DAYS TO AVOID
Alavert, Claritin, Clarinex, Claritin-D, Clarinex-D	Loratadine	7
Allegra, Allegra-D	Fexofenadine	7
Benadryl	Diphenhydramine	3-4
Tavist	Clemastine	3-4
Zyrtec, Zyrtec-D	Cetirizine	7
Xyzal	Levocetirizine	7
Vistaril, Atarax	Hydroxyzine	7
Xanax	Alprazolam	7
Klonopin	Clonazepam	7
Elavil	Amitriptyline	7
Sinequan	Doxepin	7
Olepto	Trazodone	7
Seroquel	Quetiapine	7
Phenergan	Promethazine	3
Compazine	Prochlorperazine	3
Tofranil	Imipramine	10
<u>NASAL SPRAYS/EYE DROPS</u>		
Astelin	Azelastine	7
Astepro	Azelastine	7
Patanase	Olopatadine	5
Pataday	Olopatadine	5
Patanol	Olopatadine	5

****You may continue your nasal steroid (e.g. Flonase, Nasonex, Omnaris, etc.) as well as Singulair up until testing.**

****Please call if you have any questions about your medication, especially if it is an over-the-counter cough and cold medication that is not listed above (pseudoephedrine, guaifenisin, Tylenol are okay to take).**